

HAY'ADA ADEEGA QIIMAYNTA INTA LA AQBALAYO

Adeega Kaalmada Bulshada ee Caafimaadka dhimirka Fiktooriya

Adeega qiimaynta Inta La Aqbalayaa wuxuu wanaajiyaa helista macluumaadka iyo xawilida adeegyada kaalmada bulshada ee caafimaadka dhimirka.

Maxaa hay'ada qiimaynta inta la aqbalayaa ku shaqa leedahay?

Adeega Kaalmada Bulshada ee Caafimaadka Dhimirka ee cusub (MHCSS) ee Adeega Qiimaynta inta la aqbalayo ayaa siin doona macluumaad iyo xawilaad dadka doonaya kaalmada dhimirka. Adeegaasi wuxuu:

- Baarayaa go'aana ka gaarayaa mudnaanta si loo hello kaalmo
- Mudnaan kala siinta xawilaadaha
- U xawilida dadka mudan adeegyada kaalmada si loogu sameeyo qiimayn buuxda
- Bixinta macluumaadka baarista si loo kaalmeeyo adeegyada dadka raalida ka ah - si looga fogaado in dadku ku ceshaan isla macluumaadkii.
- Dabagalka xawilaadihii si loo xaqiijyo in dadku hellaan adeegyada ay u baahan yihiin
- Bixinta macluumaadka is-maaraynta iyo dabagalka dadka u diiwaagashan inay u baahan yihiin
- Bixinta macluumaadka caafimaadka dhimirka ee guud iyo sahlida u xawilida adeeyo kale markii loo baahdo
- Shirinta Guddiga Xulista Sariirta ku Salaysan Qaybaha ee Adeegyada Degaanka la Kaalmeeyo iyo Guryaha Dhalinyarada/ Dadka waaweyn

- Xaqiijinta in xawilaada macluumaadka lagu kaalmaynayo adeegbixiyayaasha lagu fulinayo keliya raalinimada maclmiilaha

Sidee ula xiriiri karaa hay'ada Qiimaynta Aqbalaada agagaarka ah?

Dhinaca Waqooyi Koonfureed, Waqooyi Bari, Galbeedka Gudaha ah, Bayside iyo Frankston-Mornington Penninsula wac Neami National

☎ **1300 379 462** (9ka subaxii ilaa 5ta casarkii Isniinta ilaa Jimcaha)

Galbeedka, Bariga Gudaha ah, Bariga iyo Waqooyiga Koonfureed wac EACH bulshada iyo caafimaadka wac

☎ **1300 785 358** (9subaxii ilaa 5ta casarkii Isniinta ilaa Jimcaha)

Gippsland, Goulburn Valley, iyo Bariga Koonfureed, Great South Coast, Hume iyo Loddon Mallee wac ACSO

☎ **1300 022 760** (9ka subaxii ilaa 5ta casarkii Isniinta ilaa Jimcaha)

Arag bogga soo socda khariidada muujinaysa goobaha ay daboolayso Neami National, EACH iyo ACSO.

Macluumaad intaas ka badan

www.health.vic.gov.au/mentalhealth/pdrss-reform



Ururka Kaalmada Bulshada Australia (Australian Community Support Organization) 30 sanadood wuxuu wada shaqayn la lahaa adeegyada caafimaadka iyo aadamiga si loo dhiso bulshooyin wadajira oo amaana waxna ka qabanaya baahiyaha qalafsan ee kooxaha dhiban. Hal ku dhegayagu, waa 'abuur fursad kale' iyo sida aan u samaynayno, una soo bandhigayno qayimkayaga.

www.acso.org.au



EACH waxay ka shaqaysaa in ka badan 100 xarumood oo ku kala yaalla Fiktooriya gudaheeda, NEW South Wales iyo Queensland. EACH habkeeda adeegu wuxuu ku salaysan yahay bixinta adeeyo wada socda iskuna dhafan kuwaas oo diirada saara qofka gebi ahaan xagga qoyskiisa iyo bulshada.

www.each.com.au






Neami National waa adeeg caafimaad oo dhimirka ah kaas oo u kaalmeeya dadka si ku salaysan qayimkooda, awoodooda iyo hadafyada. Waxaanu wanaajinaynay caafimaadka dhimirka iyo samaqabka bulshada agagaaraha 27dii sano oo la soo dhaafay.

www.neaminational.org.au

Kani maaha adeega qalalaasaha. **Xaalladaha degdegta ah wac 000** (Ambalansida, Booliiska, Dabdamiska) ama 13 11 14 (Lifeline Crisis Hotline).

INTAKE ASSESSMENT SERVICE FOR MENTAL HEALTH COMMUNITY SUPPORT SERVICES



	ACSO 1300 022 760
	Neami National 1300 379 462
	EACH 1300 785 358