

Wadamba Wilam is a partnership between Neami National, the Victorian Aboriginal Health Service (VAHS), UnitingCare ReGen and the Northern Area Mental Health Service (NAMHS).

Our team includes staff from each of our partners bringing together skills, experience and resources to support the social and emotional wellbeing of people in a culturally safe way.

We use a model of recovery called the Collaborative Recovery Model (CRM), which supports people to direct their own healing and recovery process by building on their strengths and values.

## Contact Wadamba Wilam

**Enquiries: 9am – 5.30pm, Monday – Friday**

**Phone: 9481 0323**

**Fax: 9481 0609**

**wadambawilam@neaminational.org.au**

**Neami National** is a community recovery and rehabilitation service supporting people living with a mental illness and psychiatric disability to improve their health, live independently and pursue a life based on their own strengths, values and goals

The **Victorian Aboriginal Health Service (VAHS)** was established in 1972 to address the specific medical needs of Victorian indigenous communities. The organisation has expanded steadily over the past 30 years to provide a comprehensive range of specialist Social and Emotional Wellbeing services for Aboriginal people.

**UnitingCare ReGen** is the leading alcohol and other drug (AOD) treatment and education agency of UnitingCare Victoria and Tasmania. ReGen is a not-for-profit agency, which has over 40 years experience delivering a comprehensive range of AOD services to the community.

**North-Western Mental Health** is the mental health arm of Melbourne Health. It provides comprehensive hospital-based, community and specialist services to youth, adults and aged people across northern and western Melbourne.

Wadamba Wilam is supported by the Victorian Government Department of Health through the National Partnership Agreement (NPA).

# Wadamba Renew Shelter Wilam

Supporting the Social and Emotional Wellbeing of Aboriginal and Torres Strait Islander people experiencing homelessness in Darebin and Whittlesea

A partnership between:



We are proud to acknowledge the Wurundjeri people as the traditional owners of the land on which we work

## Our services

We provide intensive outreach support to Aboriginal and Torres Strait Islander people who are experiencing homelessness and enduring mental illness.

We work in a holistic way to provide support in areas including mental health, housing, physical health, social and cultural wellbeing, substance use, employment and education.

We coordinate with other services as needed.

Wadamba Wilam is a voluntary support program open to people based on eligibility criteria and service capacity.

### **More information:**

[neaminational.org.au/wadambawilam](http://neaminational.org.au/wadambawilam)

## Eligibility

To be eligible for support through Wadamba Wilam you must be:

- Aboriginal or Torres Strait Islander
- Aged 16 or over
- Living with enduring mental illness
- Homeless and/or have a history of repeated homelessness
- Live in or have a connection to the Darebin or Whittlesea municipalities
- Willing to engage with the service

## Referrals

Support workers and health professionals may refer eligible individuals to our service 9am-5.30pm Monday to Friday.

Phone: 9481 0323

Fax: 9481 0609

Email: [wadambawilam@neaminational.org.au](mailto:wadambawilam@neaminational.org.au)

## Social and Emotional Wellbeing

Aboriginal concepts of wellbeing are holistic in nature and include mental, physical, social, spiritual and cultural wellbeing.

Connection to land, family and spirituality play a central role in wellbeing and healing.

Social and Emotional Wellbeing problems can arise from grief, loss, trauma, substance use, child removal, incarceration, family breakdown, racism, social disadvantage and cultural dislocation.

We provide an effective and culturally safe service to help restore wellbeing.

Healing and recovery goals vary and may include areas like physical and mental health, self-confidence, social and community connection, interpersonal relationships, spirituality, education and skill development, and employment.