

Our approach

Neami National is a community mental health service that provides recovery, rehabilitation and preventative support services across Australia.

We work in a positive framework and assist people to build confidence, skills and to achieve a greater sense of meaning and purpose in life based on their own values.

We provide services in more than 35 locations, ranging from the inner-city and suburbs to regional and remote areas.

Mental health recovery

We believe that recovery is an individual process and that with the right kind of support everyone can live a life based on their own strengths and goals for the future.

Recovery goals vary, but they often cover areas including physical and mental health; self-confidence; social and community connection; interpersonal relationships; education and skills development; and employment.

Collaborative Recovery Model (CRM)

We use an approach called the Collaborative Recovery Model to support people in our services.

The CRM assists individuals to identify their personal strengths and values, to set goals and to make progress towards achieving them.

We are there with each person to support them along the way and to facilitate their connections with other independent supports in their local community.

More information

Contact Neami Thomastown

9am–5.30pm

Monday to Friday

Closed public holidays

Phone: 03 9464 6455

thomastown@neaminational.org.au

About Neami National

Neami National is a community-based recovery and rehabilitation service supporting people living with mental illness and psychiatric disability to improve their health, live independently and pursue a life based on their own strengths, values and goals.

Our vision

Full citizenship for all people living with a mental illness in Australian society

Our mission

To improve mental health and wellbeing in local communities

neaminational.org.au

Neami National and Northern Housing Pathways are supported by the Victorian Government



Northern Housing Pathways

We support people admitted to psychiatric inpatient services who are homeless or at risk of homelessness

neaminational.org.au



Northern Housing Pathways is a partnership between Neami Thomastown, the Northern Psychiatric Unit (NPU) and the Northern Community Care Unit (CCU).

We support people being discharged from these clinical services who are homeless or at risk of homelessness. We do this by providing access to housing and/or helping to maintain existing tenancies.

Temporary accommodation

We have access to a limited number of short to medium term properties in the Darebin and Whittlesea local government areas.

These can be provided for up to six months and we assist people to access long-term housing during this time.

Brokerage and financial assistance

We are able to provide brokerage assistance in the form of financial or other support to help sustain current housing or to access long-term housing.

This includes payment of rental arrears, rent bonds and other bills necessary to prevent homelessness.

We can also provide food vouchers, phone cards and public transport (Myki) cards to support people through this service.

Housing and exit planning

People supported by us through this service must work with us on both a housing plan and an exit plan to create a positive transition into long-term housing.

This plan must explore a range of permanent housing options and cannot rely exclusively on securing public housing through the public housing waiting list.

We work with each person to plan future housing options and to identify what referrals they might need to other services in order to reduce their chance of homelessness in the future.

We also refer internally to other Neami National services where appropriate for additional support.

More information

neaminational.org.au/northernhousingpathways

Eligibility

To be eligible for Northern Housing Pathways, you must be:

- Identified by the Northern Psychiatric Unit or Northern Community Care Unit as being homeless or at risk of homelessness upon discharge
- Willing to develop a housing plan
- Willing to engage with our service on a regular basis and wanting support to access long-term housing
- Planning to remain in the Darebin or Whittlesea local government areas

If a person refuses to engage with this service we are unable to continue to support them and this can lead to eviction.

Engaging with other Neami National services is voluntary.

Referrals

Referrals are only accepted from social workers at the Northern Psychiatric Unit and the Northern Community Care Unit

Due to the limited number of people who are able to access this service at one time, we are unable to accept new referrals during periods of high demand.